

ASEAN Dengue Day



15 June 2016

**Community Empowerment:
A Sustainable Success to Fight Dengue**



What you need to know about mosquito bites

MOSQUITO BITES
occur anywhere on exposed skin

SWELLING
around bite

ITCHY RED BUMPS
appear when bitten

TREAT WITH ALOE VERA
to disinfect the bite

CLEAN THE BITE
with warm soapy water

USE AN ICE PACK
to reduce swelling

Get rid of mosquitoes with Integrated Mosquito Management (IMM)

REMOVE STAGNANT WATER
in unused container to prevent mosquito from breeding

LARVICIDE TREATMENT
to control the development of mosquitoes larvae on stagnant water

PROFESSIONAL TREATMENT
target adults and larvae in outdoor areas

USE ADULT MOSQUITO TRAPS
to further control the mosquito life cycle